



# SAFETY TALK

## Eye protection

Each year hundreds of Manitoba construction workers suffer the effects of an eye injury on the job.

### What's the danger?

Some of the most common eye hazards are:

- Flying particles and debris – dust, concrete, metal, wood and stone
- Welding arcs
- Splash from chemicals
- Environmental elements – wind and sun

### How to protect yourself

Safety eyewear is an essential piece of personal protective equipment. **When selecting suitable eye protection, consider the following:**

- Specific workplace hazards
- Fit and comfort
- Vision and movement

#### Types of eye protection:

- **Safety glasses** – eyeglasses with safety frames constructed of metal or plastic and have impact-resistant lenses
- **Goggles** – provide higher impact, dust and chemical splash protection as they fit snugly around the eyes
- **Face shields and helmets** – considered secondary protectors as they are used in conjunction with other protective eyewear to provide additional full-face protection
- **Welding goggles** – prevent exposure to harmful light rays

We only have one pair of eyes and it is important to protect them. Make a point to wear your safety glasses as soon as you set foot on the jobsite.

Print and review this talk with your staff, sign off and file for COR™ / SECOR audit purposes.

Date: \_\_\_\_\_

Supervisor: \_\_\_\_\_

Performed by: \_\_\_\_\_

Location: \_\_\_\_\_

Concerns:

---

---

---

Corrective Actions:

---

---

---

Employee Name:

---

---

---

---

Employee Signature:

---

---

---

---