



# SAFETY TALK

## Hand safety

Hand injuries are common in the heavy construction industry. Prevention can greatly reduce these injuries.

### What's the danger?

- Cuts, laceration or punctures from sharp tools or materials
- Sprains and strains from repeated use or strikes
- Crushing or pinching between equipment or tools
- Amputation of fingers
- Burns from electricity, heat, cold or chemicals
- Infection from untreated injury
- Jewelry, rings or clothes catching on tools or equipment

### Protect yourself

- Review PPE guidelines to see when hand PPE is required
- Use appropriate gloves or PPE to protect hands from hazards, and inspect for holes, tears and wear before use
- Use engineered devices to avoid hand contact, such as foot pedals, hand buttons or push sticks
- Ensure all equipment guards are in place and functional
- Ensure workers are aware of and trained on tasks involving hand work
- Have first aid kits stocked and sufficient first aiders available to treat and injuries that may arise
- Remove rings and jewelry before beginning the workday

Print and review this talk with your staff, sign off and file for COR™ / SECOR audit purposes.

Date: \_\_\_\_\_

Supervisor: \_\_\_\_\_

Performed by: \_\_\_\_\_

Location: \_\_\_\_\_

**Concerns:**

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\_\_\_\_\_  
\_\_\_\_\_

**Corrective Actions:**

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\_\_\_\_\_  
\_\_\_\_\_

**Employee Name:**

\_\_\_\_\_  
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\_\_\_\_\_  
\_\_\_\_\_

**Employee Signature:**

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